



SUMMER CAMP PACKING LIST



CLOTHING

7 Shirts

1 Jacket / Sweater
/ Sweatshirt

2 Pajamas

7 Underwear

4 Shorts

2 Jeans / Pants

7 Socks

1 Running Shoes

1 Flip Flops /
Water Shoes

1 Swimming Suit

1 Hat / Visor

*All amounts are suggested.

*All clothes should be labelled
prior to coming to camp.

BEDDING

1 Sleeping Bag /
Bed Sheet
(SINGLE SIZE MATTRESS)

1 Pillow

1 Blanket

TOILETRIES

1 Toothbrush
& Toothpaste

1 Towel /
Washcloth

1 Shampoo & Soap

1 Hairbrush / Comb

1 Shaving Razor
& Cream

+ Any other personal hygiene
items as required.

OPTIONAL ITEMS

1 Sunscreen

1 Insect
Repellent

1 Sunglasses

MEDICATION

All medications are required
to be in a blister pack!!!



Address:
15041 9th Line, L4A 3E4
Stouffville, Ontario



Phone: 905-640-6432
Fax: 905-640-1339
E-mail: shadowlake.office@cltoronto.ca



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